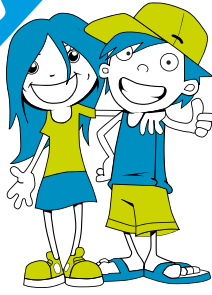


For parents
of 2 - 12 yo



behaviour[®] tonics presents

1-2-3 Magic[™] and Emotion Coaching

To help parents manage difficult behaviour in children 2 to 12 yrs

A humorous look at parenting, a **serious** look at discipline!

To help manage difficult behaviour in children, calmly and effectively. Learn how to use empathy so kids begin to identify their emotions and become better at managing them. This enables them to take more responsibility for their own behaviour.

Behaviour Tonics Rooms, Level 1, 252 Cambridge St, Wembley

Presented over 3 sessions. Cost \$180 per person or \$340 per couple. 7 to 9.30pm

Tue 16th, 23rd Feb & 1st March (2 to 5yrs)

Thurs 25th Feb, 3rd & 10th March (2 to 12yrs)

Wed 23rd, 30th March & 6th April (2 to 12yrs)

You will learn:

- The two approaches to parenting.
- How to discipline without arguing, yelling or smacking
- How to handle kids testing behaviour.
- How to show empathy while developing emotional intelligence in your child.
- How to teach and encourage positive behaviour, social skills and independence.
- How to strengthen the relationship with your child.
- How to control obnoxious behaviour.

What people are saying...

- An end to the yelling and arguing!
- It saved our lives
- Simple, sane, effective
- What a relief to come across a program that preserves the dignity of the child, maintains the self control of both the parent and the child and is actually easy to remember at those times when memory is the first thing to go



For more information about this workshop call (08) 9382 1182 or
(Register Online) at www.behaviourtonics.com.au