

## Bullying. No Way!

From time to time students may experience bullying. It is important that we all understand what bullying is.

Remember:



When someone says or does something *unintentionally* hurtful and they do it once, that's **RUDE**.

When someone says or does something *intentionally* hurtful and they do it once, that's **MEAN**.

When someone says or does something *intentionally* hurtful and they *keep doing it* – even when you tell them to stop, or show them that you're upset, that's **BULLYING**.