



# Healthy Start to Kindy Expo

- Top Tips for starting school
- Developmental milestones
- Healthy lunchboxes and lifestyle
- Health topics:  
Sleep • Toileting • Positive Parenting • Immunisation
- Meet your community health nurses for Q & A

**Fun activities**  
**Children welcome**



**Warradale Community Centre**  
(Southmead Drive, Landsdale)

**3 January 2018, 9:30am – noon**

**Roseworth Parent Centre**  
(1 Stoke Court, Girrawheen)

**10 January 2018, 1pm – 4pm**

**Pearsall Hocking Community Centre** (125 Willespie Drive, Pearsall)

**17 January 2018, 9:30am – noon**

**Wanneroo Library**  
(3 Rocca Drive, Wanneroo)

**24 January 2018, 9:30am – noon**

