

Parent Seminars and Workshops

The Landsdale Parents and Citizens Association are planning to present various parent workshops and seminars in 2018. These seminars will be on a variety of subjects and we welcome parent's suggestions for sessions.

The first seminar for 2018 will be presented by Currumbine Psychology covering the following topics:

Mindfulness for 7-12 year olds for anxiety reduction

Dealing with the stresses of being a parent

Bullying and difference

Wednesday 16 May 2018

7:00pm start (doors open at 6:45pm)

Landsdale Primary School Staffroom

Free tickets can be booked through Eventbrite

<https://www.eventbrite.com/e/currambine-psychology-parent-seminar-tickets-45720775069>

If you have any questions or suggestions for seminars and workshops please email Keera Bull on dkbull01@bigpond.com.