

HBF Fitness classes resume

14 September 2015

For those of you taking part in Your Move Wanneroo, HBF Fitness classes are starting again on Tuesday 22nd September. Sessions are available at Kingsbridge Park Amphitheatre in Butler (5.30-6.30pm Tuesdays and 7.30-8.30am Sundays) and at Kingsway Regional Sporting complex in Madeley (5.30-6.30pm Tuesdays and 7.30-8.30am Sundays) for eight weeks. Entry to the fitness sessions is free for Your Move Wanneroo participants. To register, go to www.yourmove.org.au/events and search for "HBF Fitness."

ENDS

For more information please contact:

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