

Lunches - available everyday

Sandwiches & Rolls		Sandwich	Roll / Wrap
G	Vegemite	2.10	2.40
G	Salad	2.60	2.90
G	Cheese	2.90	3.20
G	Egg plain or curried	2.90	3.20
G	Chicken	2.90	3.20
G	Ham	2.90	3.20
G	Tuna	3.10	3.40
White, wholemeal or multigrain bread available			
SALAD 0.50		Salad includes lettuce, tomato, carrot, cucumber	
Cheese .50		Lettuce .20	
Tomato .20		Mayonnaise .20	

Toasted - no butter used		Sandwich	Roll
G	Baked Bean	2.40	2.70
G	Cheese	3.20	3.50
G	Tuna	3.40	3.70
G	Chicken	3.20	3.50
G	Ham	3.20	3.50
G			
Customise your sandwich by adding the following extras			
CHEESE 0.50			
Mayonnaise 0.20		Vegemite 0.20	
Tomato 0.20		Pineapple 0.20	

Salad Trays		
G	Salad Tray	3.40
G	Chicken & salad Tray	4.10
G	Ham & salad Tray	4.10
G	Tuna & salad Tray	4.40
G	3 Chicken Wedges & salad Tray	5.00
G	2 Yummy Drumsticks & salad Tray	5.00
G	4 Fish Fingers & salad Tray	5.00
G	2 Chicken Strips & salad Tray	5.50
** salad - choose at least 3 or more of the following lettuce, carrot, tomato, cucumber, celery capsicum, pineapple, cheese & egg		
G	FRUIT SALAD TUB	4.00
** fruit salad is made using 4 different fruits		

LANDSDALE PRIMARY SCHOOL CANTEEN MENU TERM 1 2019

G - Green - Healthy Choice
A - Amber - Choose Occasionally
Open : 8:30am - 1.45pm
Phone : 0410 894 457

Hot Food - available everyday

G	Corn Cob	1.20
G	Hot Chicken & Mayo Roll	3.70
G	Hot Chicken & Cheese Roll	4.10
G	Hot Ham & Cheese Roll	4.10
G	Lasagne	4.10
G	Pasta Bolognese	4.10
G	Macaroni & Cheese	4.10
G	Fried Rice - Vegetarian	4.10
G	Strip Sub Roll or Yummy Sub Roll	4.60
** Strip & Yummy Sub rolls contain the following mayonnaise, lettuce, carrot, tomato & cheese		
** The following Yummy Drumsticks, Wedges & Fish Fingers MUST be ordered with a Fruit Tub and Corn Cob		
G	1 Yummy Drumstick, corn cob & fruit tub	3.30
G	2 Yummy Drumsticks, corn cob & fruit tub	4.40
G	3 Chicken Wedges, corn cob & fruit tub	4.40
G	2 Fish Fingers, corn cob & fruit tub	3.30
G	4 Fish Fingers, corn cob & fruit tub	4.40
A	Nacho Dippers	4.50

	TOMATO SAUCE	0.50
	BBQ SAUCE	0.50
	LUNCH BAGS	25 bags for 1.00
		individual 0.05
		Online Orders free
	Plastic Spoon or Fork	0.05

M O N D A Y	A	Beef Pie	3.50
	A	Sausage Roll	3.00
	A	Vegie Pastie	3.50
	A	Snack Pie	1.50
	A	Potato Topped Pie	3.50
	A	Hotdog - Tomato /BBQ/ No Sauce	4.00

T	G	Stuffed Potato - Ham & Cheese	3.20
U	G	Stuffed potato - Cheese	3.00
E	G	Chicken or Fish Burger (Mayonnaise)	4.00
S	G	Hamburger (Tomato Sauce)	4.00
	** all burgers contain lettuce, carrot, tomato		

W	G	Stuffed Potato - Ham & Cheese	3.20
E	G	Stuffed potato - Cheese	3.00
D	G	Chicken or Fish Burger (Mayonnaise)	4.00
S	G	Hamburger (Tomato Sauce)	4.00
	** all burgers contain lettuce, carrot, tomato		
	A	Small Pizza - ham & pineapple or supreme	3.00

T	G	Stuffed Potato - Ham & Cheese	3.20
H	G	Stuffed potato - Cheese	3.00
U	G	Chicken or Fish Burger (Mayonnaise)	4.00
R	G	Hamburger (Tomato Sauce)	4.00
	** all burgers contain lettuce, carrot, tomato		
D	G	SUSHI 5 piece	5.30
Y	**sushi - chicken, tuna, mixed, vegetarian		

	A	Beef Pie	3.50	
F	A	Sausage Roll	3.00	
R	A	Vegie Pastie	3.50	
I	A	Snack Pie	1.50	
D	A	Potato Topped Pie	3.50	
A	A	Dinosaur Nuggets (max of 5)	1.00	each
Y	A	Chicken Wedges (max of 3)	1.00	each
	G	SUSHI 5 piece	5.30	
** sushi - chicken, tuna, mixed, vegetarian				

RECESS ITEMS

NOT AVAILABLE FOR PRE PRIMARY

G	Apple Slinky	1.00
G	BEGA Cheese Stringer	1.20
G	Cheesie bun (sauce + cheese)	1.50
G	Cheesie bread (sauce + cheese)	1.20
G	Pizza square (ham, pineapple & cheese)	1.50
G	Fruit Tub	1.00
A	Sultanas	1.00
A		1.60
A	Muffins	1.00
A	Moosie	2.00
G	Pikelets	0.50
A	Popcorn	1.00
A	Sweet Chilli Chicken Strip	2.00
A	Messy Monkeys	1.20

DRINKS

G	Plain Milk	225ml	1.30
G	Chocolate Flavoured Milk	300ml	2.30
G	Strawberry Flavoured Milk	300ml	2.30
G	Neapolitan Flavoured Milk	300ml	2.30
G	Sippah Straw + Plain Milk	225ml	1.70
	- Chocolate Straw		
	- Strawberry Straw		
	- Banana Straw		
A	Chill J Sparkling juice	250ml	2.50
G	Bottled Water	600ml	1.50
A	Apple Juice Box	250ml	2.00
A	Tropical Juice Box	250ml	2.00
A	Orange Juice Box	250ml	2.00
A	Apple/Black Juice Box	250ml	2.00

After Lunch Counter Sales

A	99% Fruit Juice Slushies	2.50
A	Vanilla Ice Cream Bucket	2.00
A	Billabong ice cream	2.00
A	99% Fruit Juicy Ice Sticks	1.00
A	Moosie	2.00

How To Order

Use Online Ordering

at **Qkr!** Download the app to your mobile device

Register your children by entering their names and LA number under Landsdale Primary School.
Order your child's lunch ONLINE before 8:45am each day or order ONLINE the night before

(online orders close at 8:45am)

OR

Choose your menu items then fill out a Lunch Order bag that can be purchased from the canteen
place your money inside the bag and leave in the Lunch Baskets found in your child's classroom before 8:45am
Lunch Orders may be filled out and paid for at the canteen window between 8:30am – 9:00am

Lunches and Drinks are delivered to your child's classroom at Lunch Time
Drinks and Recess items can be pre-ordered on the Lunch Bags or Online.
RECESS items need to be picked up by your child at Recess time.

Late / Forgotten Lunches

Children who find that they do not have any lunch or have forgotten to hand in their lunch by 9:00am
will be provided with a Vegemite or Cheese Sandwich. Payment will be required the next day.
No drinks or ice creams will be offered.

Special Notes

We are not allowed to warm up **Food** that you have provided your child from home.
Let us know of any problems your child might experience due to food allergies before ordering from the menu
We do not provide spoons or forks for your child to eat lunches from home.

New Menus

New Menus can be obtained from the Canteen or the Administration Office or from the School Digital Newsletter
Our menu has been compiled to reflect the guidelines of the WA School Canteen Assoc which have
been set to ensure that food sold in our canteen are
HIGH in Fibre and Calcium but LOW in Fat, Sugar and Salt

VOLUNTEERS

Our Canteen cannot operate successfully without the help of volunteers. We would be grateful if you
are able to spare a few hours on a weekly, fortnightly, monthly or even once a term.
We provide morning tea, lunch, conversation and laughter to thank you for your help.
Come and see us and we can put your name down on the roster board.