

Do you like running, sprinting or hurdles? Shot put, discus or javelin?

Long jump, triple jump or high jump?

## Landsdale Little Athletics Club is for you!

Our registration day is on Saturday 7th Sept from 10am-2pm at the Kingsway Little Athletics Clubroom, corner of Sporting Drive and Spectator Drive in Madeley.

We train on Monday and Wednesday evenings from 5pm to 6.30pm.

Competition Day is on Saturdays from 7.15am to approx noon, Oct to Feb on Kingsway Football Oval.

Our club and centre focus on the athletes beating their own personal best.

We also offer a "Come and Try" day on Saturday 5th Oct where kids can have a go of the equipment to see if they like it before registering. This is also at the Kingsway Little Athletics Clubroom.

For more information, please email our club registrar Al Price on registrarllac@gmail.com

or message us through our Facebook page: Landsdale Little Athletics Club.



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