

# **JOHN FORREST**

## Secondary College

INDEPENDENT PUBLIC SCHOOL

Cricket

Music

Netball Tennis

CRICKET ACADEMY

Approved by the Department of Education and endorsed by The WACA

**SPECIALIST PROGRAM** 

Develop your cricket skills while at John Forrest Secondary College

As aspiring young cricketers with a passion for the game, students have the opportunity to be part of a fantastic program.

Successful selection in the Cricket Academy means students will study cricket units throughout the year, receive professional coaching by qualified teachers and will have opportunities to be involved in regular organised competitions. Students will use a variety of forms of video and bio mechanical analysis to assist in the development of their technical skills in batting, bowling and fielding. They play on turf wickets at various grounds and will have regular access to the WACA facilities. Students will also be offered the opportunity to tour interstate and overseas.

The Cricket Academy aims to enhance students' self esteem, personal development and interpersonal skills and extend their self management skills whilst developing their cricket talent. Cricket Academy students are expected to maintain a high level of achievement in all other learning areas and to participate in the wider College community.

The first Year 8 group of students in the Cricket Academy enrolled at John Forrest Secondary College in January 1999 and since then the Academy has grown to include over 100 students in classes from Years 7 to 10 and has gone from strength to strength, producing state cricketers, umpires and college Dux winners.

Specialist Sport Program students have a unique opportunity to develop leadership skills and self-discipline and are expected to maintain a high level of achievement not only in their chosen sport but all learning areas and are expected to participate in the wider College community.

#### COURSE DESCRIPTION

In lower school the course covers: development of batting, bowling, fielding and mental skills; history of cricket; fitness training, match strategies, umpiring, captaincy, modified games/indoor cricket; First XI, Second XI and Super 8s.

In senior school students may progress their Specialist Sport toward University and Training WA entry and work in the sporting industry (eg health and physical education teacher, exercise physiology, sports science, sports development officer, sports promoter, sport coach).

## IMPORTANT INFORMATION

We are proud to offer students the opportunity to pursue their individual interests and strengths through participation in **one of our four** Specialist Programs. The Specialist Programs are timetabled as electives. Queries about the impact of this on student course selection may be discussed with the Deputy Principal.

#### **OUTSTANDING RESULTS AT JOHN FORREST**

Since becoming an Independent Public School, John Forrest has achieved some outstanding results including:

- University pathway students achieving consistently high median ATAR scores; with 100% receiving an offer of placement.
- John Forrest Secondary College students have been awarded scholarships from the University of Western Australia, Curtin University and Edith Cowan University for each of the last nine years.
- In 2019, two students joined the "99 club" for achieving an ATAR over 99.
- One student was awarded a Subject Certificate of Excellence which places them in the top 0.5% of candidates in ATAR Examinations.
- Five students were awarded a Certificate of Distinction for achieving over 190 out of a possible 200 points.
- Five students were awarded a Certificate of Merit for achieving over 150 out of a possible 200 points.

(Points are awarded on the basis of degree of difficulty of the courses/programs undertaken and the results of the student. For example, a student achieving an 'A' Grade in a General Course would receive 8 points or 10 points if they achieved an 'A' Grade in an ATAR Course.)

In 2019, Year 12 students completed 170 Certificate II or higher qualifications.









#### INTER STATE TRIPS AND INTERNATIONAL TOURS

Since 2003 the John Forrest Cricket Academy teams have travelled to Brisbane to play in the prestigious Southern Skies Challenge. The Challenge involves teams from around Australia, South Africa and New Zealand.

International tours have included 10 days in Sri Lanka in 2016 and 2014, 14 days in India in 2008 and 16 days in the UK in 2012. On tour students played against students from local schools and community teams. They applied game skills and strategies in match situations and conditions and extended their self-management and interpersonal skills in a variety of settings offered by the sporting, social and cultural nature of the challenge of travelling internationally.

## CRICKET ACADEMY PATRON

The John Forrest Secondary College prestigious Specialist Programs are supported by Patrons and the Cricket Academy are proud to have Bruce Reid as their Patron. Bruce was a John Forrest student who went on to play Test Cricket for Australia. He played for Western Australia in the Sheffield Shield and became one of Australia's leading fast bowlers.

## QUALIFIED STAFF

The John Forrest Cricket Academy is coordinated by Sam Davis.

Sam is a Level 3 Coach and has coached State Schoolboys (2004 to 2011), winning three national championships in 2011, 2009 and 2006. Sam has also coached the Australian Schoolboys teams to the West Indies in 2009 and India in 2010. He continues to play suburban turf cricket.



Please contact Karen Silva (T: 9473 4035 or E: <u>JohnForrest.SC.SpecialistPrograms@education.wa.edu.au</u>) to obtain an application form if you are interested in becoming part of the John Forrest Secondary College Cricket Academy.

Applications should be received by 26 June 2020.

#### **ACADEMY ACHIEVEMENTS**

- John Forrest First XI play in the top tier of the state-wide one day cricket competition (The Kim Hughes Shield) and have been state champions in 2018, 2016, 2015, 2010, 2008, 2007, 2006 and 2003 and runners up in 2011, 2005 and 2002.
- To date John Forrest have been the only interstate team to win the U16 Southern Skies Challenge in Brisbane.

Students from the Cricket Academy have gone on to:

- Become State Players.
- Umpire Imparja Games in Darwin.
- Win the Olly Cooley Medal for the Best Player in WACA A Grade.
- Become Australian U17 Squad Members.
- Tour the UK with the Australian School Boys U15s.
- Play WACA grade and suburban turf cricket.
- Further their studies at ECU and UWA studying Sports Sciences.
- Study Certificate IV in Sports Coaching and Certificate IV in Sports Development at Training WA.
- Represent the State in Schoolboys Cricket in the U17s and U19s.



### CAMPS, MATCHPLAY AND COMPETITIONS

Students in Years 7, 8 and 9 travel to camps at Narrogin and Rockingham during Term 4 to play games against other schools.

Year 7, 8 and 9 students play games against Scotch College, Christ Church and Guildford Grammar Schools during Terms 1 and 4.

Year 7, 8, 9 and 10 students play mid week games against other specialist cricket schools such as Kent Street, Darling Range, Rockingham and Belridge Senior High Schools.

Year 10 students participate in the Bunbury Big Bash T20 tournament during Term 1.

