## 1-2-3 Magic<sup>™</sup> and Emotion Coaching

To help parents to manage difficult behaviour in children, more calmly and effectively. Learn how to use empathy so kids begin to identify with their emotions and become better at self-regulating. This enables them to take more responsibility for their own behaviour.

Held over 3 Wed evenings of 24th Feb, 3rd & 10th March 2021 \$180 per person or \$320 per couple. 7 to 8.45pm

You can join us for the face to face presentation (352D Cambridge St, Wembley)
OR via LIVE and interactive webinar.
Webinar Recordings may be made available on application.

## You will learn:

- The two approaches to parenting.
- How to discipline without arguing, yelling or smacking
- How to handle kids testing behaviour.
- How to show empathy while developing emotional intelligence in your child.
- How to teach and encourage positive behaviour, social skills and independance.
- How to strengthen the relationship with your child.
- How to manage obnoxious behaviour.

## What people are saying...

- An end to the yelling and arguing!
- It saved our lives
- Simple, sane, effective
- What a relief to come across a program that preserves the dignity of the child, maintains the self control of both the parent and the child and is actually easy to remember at those times when memory is the first thing to go



For more information about this workshop call (08) 9285 8100 or (Register Online) at www.behaviourtonics.com.au