

Small changes, big differences.



Teen Positive Parenting Program Seminar: Raising Competent Teenagers

FREE for all current and future Ashdale Secondary College Parents and Caregivers

Parents and carers are invited to attend a 90-minute seminar to learn practical, positive and effective ways to help teenagers get the most out of high school.

The seminars are interactive with time allocated for you to ask questions about what you are experiencing. During the seminar, we will discuss practical tips on how parents can help their teenagers to develop self-discipline and good routines, get involved in the school community, solve problems, follow school rules, and have supportive friends

We also explore how parents and carers can play an active role in guiding and supporting your teenager, common parenting challenges that come with the teenage years, how to enrich your parent - teenager relationship, and effective behaviour management strategies.

Remember, you don't have to be experiencing difficulties – Teen Triple P is for **every** parent or caregiver!

Places are limited, so please ensure you sign up quickly!

Venue: Ashdale Secondary College – Galileo Theatre

Dates: Thursday 1st December

Time: 6:30 – 8:00pm (Please arrive by 6:15 for a prompt 6:30 start)

Cost: **FREE**

Further Information & Bookings:

To register please visit:

[Ashdale Secondary College Triple P Seminar: Raising Competent Teenagers](#)

or contact: **Nikki Pullella or Ferah Lipscombe on 6207 1300**

www.triplep-parenting.net/wa